

MIA BELLA

S K I N B O U T I Q U E

Guide to Post Pro Power Peel Treatment Care

Your Role in the Journey:

- Your active participation in the post-care process is crucial for achieving the best results. While we strive for excellence, please remember that individual reactions and results can vary. Skin Sensations: You may feel your skin tightening for a few days post-treatment.
- Peeling Process: Light flaking could start within 1-3 days and typically eases off within 7-10 days. The extent of peeling varies per individual.

Essential Aftercare Steps:

- Sun Protection: Apply a minimum SPF30 sunscreen daily after the treatment.
- Follow the Plan: Stick to the post-care regimen prescribed by your skin therapist.
- Hands-Off: Avoid picking at any scabs or loose skin to prevent scarring.
- Heat Exposure: Stay away from excessive heat sources like direct sunlight, saunas, and steam rooms.
- Sun Caution: Avoid direct sun exposure for 2-3 weeks.
- Skin Care Routine: Hold off on waxing or using exfoliating products for at least 72 hours, or until your skin is no longer sensitive.
- Physical Activity: Avoid strenuous exercise or activities that increase facial blood circulation for 24 hours post-treatment to minimize discomfort and potential side effects.

Remember, these post-treatment instructions are designed to help you achieve the best possible results while ensuring your skin heals properly and safely. If you have any doubts or specific concerns, always consult with your treatment provider.